



Camp Sunnystones
98 Possumtail Run
Merrimu Victoria 3340

Dear Camp Coordinator,

At Camp Sunnystones we have introduced new and improved policies, assisted by ASCIA (Australasian Society of Clinical Immunology and Allergy). These resources are aimed at supporting an updated food allergy policy and procedures. As a part of these updates, we have produced the following document which contains very important points that you need to be aware of for your upcoming school camp. We believe with these updates we have a much stronger policy and appreciate your assistance in reading and understanding the following document carefully.

One of our main changes made to our food allergy procedures is to have developed a complete *Allergy Menu* that caters for individuals with allergies to any of the following: nut, gluten, wheat, dairy, soy and egg. This will mean that an individual may eat options that are free of other allergens as well as their own. For example, an individual may be allergic to dairy only, but they will receive a meal that is free of all the aforementioned allergies.

We believe that the menu we have developed provides clear guidelines for our staff, and also teachers and campers and minimizes confusion ensuring the safest option for individuals with allergies.

We are more than happy to discuss any concerns with individuals, teachers or parents and will endeavor to make your child's / student's stay as delicious and enjoyable as possible.

Kind regards,

Kate and Matt Hope

Owners

Camp Sunnystones



1. An updated **CAMP SUNNYSTONES FOOD ALLERGY FORM** will be sent to schools, and is to be returned via email to kate@sunnystones.com.au prior to the start of camp to ensure clarity. Please note the initial part of the *Camp Sunnystones Food Allergy Form* is concerning ALLERGIES only, and NOT dietary preferences. The second table on that form is concerning dietary preferences.
2. A new **ALLERGY MENU** has been developed which satisfies the needs of those who have allergies to the following food products:
 - Gluten
 - Nut
 - Egg
 - Dairy
 - Soy
 - Wheat

Each meal within this new allergy menu is free from ALL the aforementioned allergies. Any students/teachers who list any of the above allergies on their Camp Sunnystones Dietary Requirement Form will receive menu items from this Allergy Menu only.

Any students/teachers, who suffer from an allergy NOT listed above, will be catered for on an individual basis.

Students/teachers who require a vegetarian or halal menu will be catered for on an individual basis.



3. Each group must appoint a **SPECIAL DIETS COORDINATOR** from within your staff. The role of the Special Diets Coordinator is found in the attached document entitled *Special Diets Coordinator Role and Responsibilities*.

4. We have produced a **PARENT/TEACHER MENU INFORMATION BOOKLET**. This includes a detailed copy of the *Special Diets Menu* for students and parents, including photos and ingredients lists to assist concerned parents.

Please feel free to call if you have any questions regarding our updated procedures, and we look forward to seeing you soon.

Kind regards,

Kate and Matt Hope

Owners

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